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REGISTERED NUMBER: 04759197

Abbreviated Accounts for the Year Ended 30 June 2013

for

1st Aid Recovery Limited

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1st Aid Recovery Limited (Registered number: 04759197)

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1st Aid Recovery Limited

Company Information for the Year Ended 30 June 2013

DIRECTOR:	Mr D Arthur
SECRETARY:	Mr J Arthur
REGISTERED OFFICE:	The Gatehouse 453 Cranbrook Road Ilford Essex IG2 6EW
REGISTERED NUMBER:	04759197
ACCOUNTANTS:	Nielsens Chartered Accountants The Gatehouse 453 Cranbrook Road Ilford Essex IG2 6EW

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1st Aid Recovery Limited (Registered number: 04759197)

Abbreviated Balance Sheet
30 June 2013

	Notes	30.6.13 £	£	30.6.12 £	£
FIXED ASSETS					
Tangible assets	2		1,687		1,687
CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		16,972		16,972	
NET CURRENT LIABILITIES			(16,972)		(16,972)
TOTAL ASSETS LESS CURRENT LIABILITIES			(15,285)		(15,285)
CAPITAL AND RESERVES					
Called up share capital	3		2		2
Profit and loss account			(15,287)		(15,287)
SHAREHOLDERS' FUNDS			(15,285)		(15,285)

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2013.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2013 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 31 March 2014 and were signed by:

Mr D Arthur - Director

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1st Aid Recovery Limited (Registered number: 04759197)

Notes to the Abbreviated Accounts
for the Year Ended 30 June 2013

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The director has given the company assurances of his continued financial support for the foreseeable future. On
this basis, the directors consider it appropriate to prepare the financial statements on the going concern basis.

Accounting convention
The financial statements have been prepared under the historical cost convention and in accordance with the
Financial Reporting Standard for Smaller Entities (effective April 2008).

The company was dormant throughout the year ended 30 June 2013. However, reference to information relating
to the year ended 30 June 2012 has been made where appropriate.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicles - 25% on reducing balance

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the
balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 July 2012 and 30 June 2013	4,000
DEPRECIATION	
At 1 July 2012 and 30 June 2013	2,313
NET BOOK VALUE	
At 30 June 2013	1,687
At 30 June 2012	1,687

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	30.6.13 £	30.6.12 £
2	Ordinary	£1	2	2

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