

**ART OF CONTEMPORARY YOGA LIMITED**

**Company Registration Number:  
06497818 (England and Wales)**

**Abbreviated (Unaudited) Accounts**

**Period of accounts**

**Start date: 01st August 2011**

**End date: 31st July 2012**

SUBMITTED

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**ART OF CONTEMPORARY YOGA LIMITED**

**Company Information  
for the Period Ended 31st July 2012**

|                                     |   |
|-------------------------------------|---|
| <b>Director:</b>                    | Joanne Sarah Avison   |
| <b>Company secretary:</b>           | Tracy P King  |
| <b>Registered office:</b>           | 87 Fernhurst Crescent<br>Brighton<br>East Sussex<br>BN1 8FA |
| <b>Company Registration Number:</b> | 06497818 (England and Wales)                                |

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**Abbreviated Balance sheet**  
**As at 31st July 2012**

|  | <b>Notes</b> | <b>2012</b><br><b>£</b> | <b>2011</b><br><b>£</b> |
|--|--------------|-------------------------|-------------------------|
| <b>Fixed assets</b>                            |              |                         |                         |
| Tangible assets:                               | 2            | 872                     | 1,080                   |
| <b>Total fixed assets:</b>                     |              | <u>872</u>              | <u>1,080</u>            |
| <b>Current assets</b>                          |              |                         |                         |
| Debtors:                                       |              | 3,678                   | 840                     |
| Cash at bank and in hand:                      |              | 18,653                  | 33,416                  |
| <b>Total current assets:</b>                   |              | <u>22,331</u>           | <u>34,256</u>           |
| <b>Creditors</b>                               |              |                         |                         |
| Creditors: amounts falling due within one year |              | 3,872                   | 14,826                  |
| <b>Net current assets (liabilities):</b>       |              | <u>18,459</u>           | <u>19,430</u>           |
| <b>Total assets less current liabilities:</b>  |              | <u>19,331</u>           | <u>20,510</u>           |
| <b>Total net assets (liabilities):</b>         |              | <u><u>19,331</u></u>    | <u><u>20,510</u></u>    |

The notes form part of these financial statements

**Abbreviated Balance sheet**  
**As at 31st July 2012**  
**continued**

|                                  | <b>Notes</b> | <b>2012</b><br><b>£</b> | <b>2011</b><br><b>£</b> |
|----------------------------------|--------------|-------------------------|-------------------------|
| <b>Capital and reserves</b>      |              |                         |                         |
| Called up share capital:         | 3            | 1                       | 1                       |
| Profit and Loss account:         |              | <b>19,330</b>           | 20,509                  |
| <b>Total shareholders funds:</b> |              | <b><u>19,331</u></b>    | <b><u>20,510</u></b>    |

For the year ending 31 July 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 29 April 2013

**SIGNED ON BEHALF OF THE BOARD BY:**

Name: Joanne Sarah Avison  
Status: Director

The notes form part of these financial statements

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**ART OF CONTEMPORARY YOGA LIMITED**

**Notes to the Abbreviated Accounts  
for the Period Ended 31st July 2012**

**1. Accounting policies**

**Basis of measurement and preparation of accounts**

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2008)

**Turnover policy**

Turnover represents the total invoice value, excluding value added tax, of sales made during the period and derives from the provision of goods falling within the company's ordinary activities

**Tangible fixed assets depreciation policy**

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life as follows:  
Plant and machinery 25% pa of the reducing value

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**ART OF CONTEMPORARY YOGA LIMITED****Notes to the Abbreviated Accounts  
for the Period Ended 31st July 2012****2. Tangible assets**

|                       | <b>Total</b> |
|-----------------------|--------------|
| <b>Cost</b>           | <b>£</b>     |
| At 01st August 2011:  | 2,443        |
| At 31st July 2012:    | 2,443        |
| <b>Depreciation</b>   |              |
| At 01st August 2011:  | 1,363        |
| Charge for year:      | 208          |
| At 31st July 2012:    | 1,571        |
| <b>Net book value</b> |              |
| At 31st July 2012:    | 872          |
| At 31st July 2011:    | 1,080        |

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**ART OF CONTEMPORARY YOGA LIMITED****Notes to the Abbreviated Accounts  
for the Period Ended 31st July 2012****3. Called up share capital**

Allotted, called up and paid

| Previous period      |                  |                         | <b>2011</b>     |
|----------------------|------------------|-------------------------|-----------------|
| Class                | Number of shares | Nominal value per share | Total           |
| Ordinary shares:     | 1                | 1.00                    | <b>1</b>        |
| Total share capital: |                  |                         | <u><b>1</b></u> |
| Current period       |                  |                         | <b>2012</b>     |
| Class                | Number of shares | Nominal value per share | Total           |
| Ordinary shares:     | 1                | 1.00                    | <b>1</b>        |
| Total share capital: |                  |                         | <u><b>1</b></u> |

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