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Registered Number 02678107

CAPITAL BENEFITS LIMITED

Abbreviated Accounts

31 March 2013

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CAPITAL BENEFITS LIMITED

Registered Number 02678107

Abbreviated Balance Sheet as at 31 March 2013

	Notes	31/03/2013	31/01/2012
		£	£
Fixed assets			
Tangible assets	2	405,503	402,328
		405,503	402,328
Current assets			
Debtors		830,419	550,587
Cash at bank and in hand		647,058	668,057
		1,477,477	1,218,644
Prepayments and accrued income		-	250
Creditors: amounts falling due within one year		(1,472,397)	(1,314,298)
Net current assets (liabilities)		5,080	(95,404)
Total assets less current liabilities		410,583	306,924
Total net assets (liabilities)		410,583	306,924
Capital and reserves			
Called up share capital	3	2	2
Profit and loss account		410,581	306,922
Shareholders' funds		410,583	306,924

- For the year ending 31 March 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 30 December 2013

And signed on their behalf by: MRS M KINGSLEY, Director

CAPITAL BENEFITS LIMITED

Registered Number 02678107

Notes to the Abbreviated Accounts for the period ended 31 March 2013

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents net invoiced sales of goods, excluding Value Added Tax.

Tangible assets depreciation policy

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on cost

2 Tangible fixed assets

	£
Cost	
At 1 February 2012	403,536
Additions	3,216
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2013	406,752
Depreciation	
At 1 February 2012	1,208
Charge for the year	41
On disposals	-
At 31 March 2013	1,249
Net book values	
At 31 March 2013	405,503
At 31 January 2012	402,328

3 Called Up Share Capital

Allotted, called up and fully paid:

31/03/2013	31/01/2012
£	£
2	2

2 Ordinary shares of £1 each