

**ABBREVIATED ACCOUNTS FOR THE PERIOD 2 APRIL 2012 TO 31 MARCH 2013**

**FOR**

**HEALTHY 24/7 LIMITED**



**HEALTHY 24/7 LIMITED (REGISTERED NUMBER: 08014899)**

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for the period 2 April 2012 to 31 March 2013**

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**HEALTHY 24/7 LIMITED**

**COMPANY INFORMATION**  
for the period 2 April 2012 to 31 March 2013

**DIRECTORS:**

Richard Waite  
Sean Waite  
Tim Weatherill  
Adrian Waite

**REGISTERED OFFICE:**

511 Bradford Road  
Unit V1 Rear  
Batley  
West Yorkshire  
WF17 8LL

**REGISTERED NUMBER:**

08014899 (England and Wales)

**ACCOUNTANTS:**

Rajeev Accountants  
19 Bolling Road  
Bradford  
West Yorkshire  
BD4 7BG



**HEALTHY 24/7 LIMITED (REGISTERED NUMBER: 08014899)****ABBREVIATED BALANCE SHEET  
31 March 2013**

	Notes	£	£
<b>FIXED ASSETS</b>			
Tangible assets	2		16,368
<b>CURRENT ASSETS</b>			
Stocks		27,875	
Debtors		1,084	
Cash at bank		<u>170,442</u>	
		199,401	
<b>CREDITORS</b>			
Amounts falling due within one year		<u>72,468</u>	
<b>NET CURRENT ASSETS</b>			<u>126,933</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u><u>143,301</u></u>
<b>CAPITAL AND RESERVES</b>			
Called up share capital	3		999
Profit and loss account			<u>142,302</u>
<b>SHAREHOLDERS' FUNDS</b>			<u><u>143,301</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 March 2013.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 March 2013 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and (a) 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the (b) requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 13 August 2013 and were signed on its behalf by:

Richard Waite - Director





**HEALTHY 24/7 LIMITED (REGISTERED NUMBER: 08014899)****NOTES TO THE ABBREVIATED ACCOUNTS  
for the period 2 April 2012 to 31 March 2013****1. ACCOUNTING POLICIES****Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

**Turnover**

Turnover represents net invoiced sales of goods, excluding value added tax.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

**2. TANGIBLE FIXED ASSETS**

	Total £
<b>COST</b>	
Additions	20,941
At 31 March 2013	<u>20,941</u>
<b>DEPRECIATION</b>	
Charge for period	<u>4,573</u>
At 31 March 2013	<u>4,573</u>
<b>NET BOOK VALUE</b>	
At 31 March 2013	<u><u>16,368</u></u>

**3. CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	£
999	Ordinary shares	1	<u><u>999</u></u>



