

Registered Number 06080351

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Abbreviated Accounts

28 February 2013

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Registered Number 06080351

Abbreviated Balance Sheet as at 28 February 2013

	Notes	2013 £	2012 £
Fixed assets			
Intangible assets	2	-	500
Tangible assets	3	1,870	1,183
		<u>1,870</u>	<u>1,683</u>
Current assets			
Debtors		3,924	-
Cash at bank and in hand		-	260
		<u>3,924</u>	<u>260</u>
Creditors: amounts falling due within one year		<u>(22,696)</u>	<u>(20,530)</u>
Net current assets (liabilities)		<u>(18,772)</u>	<u>(20,270)</u>
Total assets less current liabilities		<u>(16,902)</u>	<u>(18,587)</u>
Total net assets (liabilities)		<u>(16,902)</u>	<u>(18,587)</u>
Capital and reserves			
Called up share capital	4	1	1
Profit and loss account		(16,903)	(18,588)
Shareholders' funds		<u>(16,902)</u>	<u>(18,587)</u>

- For the year ending 28 February 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 29 November 2013

And signed on their behalf by:

M Carson, Director

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

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Notes to the Abbreviated Accounts for the period ended 28 February 2013**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents amounts chargeable in respect of the sale of goods and services to clients.

Tangible assets depreciation policy

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life

Intangible assets amortisation policy

Amortisation is provided so as to write off the cost of goodwill over its expected useful economic life.

2 Intangible fixed assets

	£
Cost	
At 1 March 2012	1,500
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 28 February 2013	<u>1,500</u>
Amortisation	
At 1 March 2012	1,000
Charge for the year	500
On disposals	-
At 28 February 2013	<u>1,500</u>
Net book values	
At 28 February 2013	<u>0</u>
At 29 February 2012	<u>500</u>

3 Tangible fixed assets

	£
Cost	
At 1 March 2012	1,524
Additions	1,017
Disposals	-
Revaluations	-
Transfers	-
At 28 February 2013	<u>2,541</u>
Depreciation	
At 1 March 2012	341
Charge for the year	330
On disposals	-
At 28 February 2013	<u>671</u>
Net book values	
At 28 February 2013	<u>1,870</u>
At 29 February 2012	<u>1,183</u>

4 Called Up Share Capital

Allotted, called up and fully paid:

	<i>2013</i>	<i>2012</i>
	£	£
1 Ordinary shares of £1 each	1	1