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Company Registration No. 02067836 (England and Wales)

FRESH ISLAND FOODS LIMITED
ABBREVIATED ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2014

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FRESH ISLAND FOODS LIMITED

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FRESH ISLAND FOODS LIMITED

STRATEGIC REPORT

FOR THE YEAR ENDED 31 MARCH 2014

The directors present the strategic report and financial statements for the year ended 31 March 2014.

Review of the business

Competition from supermarkets has created difficult trading conditions for smaller independent retailers to which we supply. This, in addition to the high level of competition in the market generally has led to a 2% fall in sales in the year.

Despite the fall in turnover, hard work by our team across the business has led to a consistent gross margin percentage of 19%. Following the fall in turnover the directors have taken steps to reduce overheads where possible. In the year the entire transport side of the business has been reorganised following the introduction in new software leading to an overall reduction of 14% in transport costs. These cost savings are expected to continue into the 2015 financial year.

Despite the fall in turnover noted above the cost savings on the transport side and staff costs following redundancies in 2013 have reduced the operating loss by £84,225 to £7,264.

The balance sheet continues to remain strong. Due to the new transport system noted above the vehicle fleet has reduced leading to less reliance on hire purchase debt to fund the replacement of vehicles. This has been reflected in the accounts with an overall increase in net funds of £6,870 following the repayment of debt finance of £90,598 in the year.

We have considered the principle risks and uncertainties facing the company and are satisfied that systems are in place to mitigate exposure to these risks. The principle risk and uncertainty faced by the company is believed to be the continued overall effects of the current economic conditions on the industry in which we operate.

Despite the fall in turnover noted above the company continues to have sufficient levels of working capital in order to meet the day to day cash requirements of the business. We consider the company to be in a healthy position given current economic conditions, and believe that continued review of income and expenses across the company should enable the financial position of the company to be improved further.

On behalf of the board



Mr S P Brady

Director

23/12/14...

FRESH ISLAND FOODS LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2014

The directors present their report and financial statements for the year ended 31 March 2014.

Principal activities

The principal activity of the company continued to be that of the wholesaling of food and non- food products.

Results and dividends

The results for the year are set out on page 5.

Directors

The following directors have held office since 1 April 2013:

Mr S P Brady

Mrs S Brady

Mr M Brogden

Mr D R Chalmers

Auditors

In accordance with the company's articles, a resolution proposing that Knowles Warwick Limited be reappointed as auditors of the company will be put at a General Meeting.

FRESH ISLAND FOODS LIMITED

DIRECTORS' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2014

Statement of directors' responsibilities

The directors are responsible for preparing the Strategic Report, Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the directors are required to:

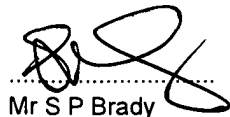
- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement of disclosure to auditors

So far as the directors are aware, there is no relevant audit information of which the company's auditors are unaware. Additionally, the directors have taken all the necessary steps that they ought to have taken as directors in order to make themselves aware of all relevant audit information and to establish that the company's auditors are aware of that information.

On behalf of the board



Mr S P Brady

Director

23/12/14

FRESH ISLAND FOODS LIMITED

INDEPENDENT AUDITORS' REPORT TO FRESH ISLAND FOODS LIMITED UNDER SECTION 449 OF THE COMPANIES ACT 2006

We have examined the abbreviated accounts set out on pages 5 to 19, together with the financial statements of Fresh Island Foods Limited for the year ended 31 March 2014 prepared under section 396 of the Companies Act 2006.

This report is made solely to the company, in accordance with Chapter 10 of Part 15 of the Companies Act 2006. Our work has been undertaken so that we might state to the company those matters we are required to state to it in a special auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company, for our work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

The directors are responsible for preparing the abbreviated accounts in accordance with section 445 of the Companies Act 2006. It is our responsibility to form an independent opinion as to whether the company is entitled to deliver abbreviated accounts to the Registrar of Companies and whether the abbreviated accounts have been properly prepared in accordance with the regulations made under that section and to report our opinion to you.

We conducted our work in accordance with Bulletin 2008/4 issued by the Auditing Practices Board. In accordance with that Bulletin we have carried out the procedures we consider necessary to confirm, by reference to the financial statements, that the company is entitled to deliver abbreviated accounts and that the abbreviated accounts to be delivered are properly prepared.

Opinion

In our opinion the company is entitled to deliver abbreviated accounts prepared in accordance with section 445(3) of the Companies Act 2006, and the abbreviated accounts have been properly prepared in accordance with the regulations made under that section.



Steven Knowles (Senior Statutory Auditor)
for and on behalf of Knowles Warwick Limited

23 December 2014

Chartered Accountants
Statutory Auditor

183 Fraser Road
Sheffield
S8 0JP

FRESH ISLAND FOODS LIMITED

ABBREVIATED PROFIT AND LOSS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2014

	Notes	2014 £	2013 £
Turnover		9,955,455	10,206,315
Other operating income less cost of sales		(8,073,139)	(8,200,895)
Administrative expenses		(1,889,580)	(2,096,909)
Operating loss	2	(7,264)	(91,489)
Other interest receivable and similar income		3,039	1,565
Interest payable and similar charges	4	(9,430)	(11,164)
Loss on ordinary activities before taxation		(13,655)	(101,088)
Tax on loss on ordinary activities	5	2,235	15,910
Loss for the year	16	(11,420)	(85,178)

The profit and loss account has been prepared on the basis that all operations are continuing operations.

There are no recognised gains and losses other than those passing through the profit and loss account.

FRESH ISLAND FOODS LIMITED

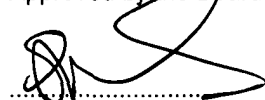
ABBREVIATED BALANCE SHEET

AS AT 31 MARCH 2014

	Notes	2014		2013	
		£	£	£	£
Fixed assets					
Intangible assets	7		63,750		71,250
Tangible assets	8		894,706		985,236
			<u>958,456</u>		<u>1,056,486</u>
Current assets					
Stocks	9	380,810		385,656	
Debtors	10	637,826		566,371	
Cash at bank and in hand		162,064		226,092	
		<u>1,180,700</u>		<u>1,178,119</u>	
Creditors: amounts falling due within one year	11	<u>(1,104,109)</u>		<u>(1,074,395)</u>	
Net current assets			<u>76,591</u>		<u>103,724</u>
Total assets less current liabilities			<u>1,035,047</u>		<u>1,160,210</u>
Creditors: amounts falling due after more than one year	12		(56,181)		(117,726)
Provisions for liabilities	13		(1,739)		(3,937)
			<u>977,127</u>		<u>1,038,547</u>
Capital and reserves					
Called up share capital	15		1,000		1,000
Revaluation reserve	16		165,113		165,822
Profit and loss account	16		811,014		871,725
Shareholders' funds	17		<u>977,127</u>		<u>1,038,547</u>

These abbreviated accounts have been prepared in accordance with the special provisions in section 445(3) of the Companies Act 2006 relating to medium-sized companies.

Approved by the Board and authorised for issue on 23/12/14



Mr S P Brady
Director

Company Registration No. 02067836

FRESH ISLAND FOODS LIMITED

CASH FLOW STATEMENT

FOR THE YEAR ENDED 31 MARCH 2014

	2014	2013
	£	£
Net cash inflow from operating activities	61,956	100,406
Returns on investments and servicing of finance		
Interest received	3,039	1,565
Interest paid	(2,497)	(1,326)
	<hr/>	<hr/>
Net cash inflow for returns on investments and servicing of finance	542	239
Taxation	12,707	-
Capital expenditure		
Payments to acquire intangible assets	-	(75,000)
Payments to acquire tangible assets	(24,844)	(73,551)
Receipts from sales of tangible assets	26,209	15,900
	<hr/>	<hr/>
Net cash inflow/(outflow) for capital expenditure	1,365	(132,651)
Equity dividends paid	(50,000)	(25,000)
	<hr/>	<hr/>
Net cash inflow/(outflow) before management of liquid resources and financing	26,570	(57,006)
Financing		
New long term bank loan	-	75,000
Repayment of long term bank loan	(17,914)	(8,879)
Capital element of hire purchase contracts	(72,684)	(101,472)
	<hr/>	<hr/>
Increase in debt	(90,598)	(35,351)
	<hr/>	<hr/>
Net cash outflow from financing	(90,598)	(35,351)
	<hr/>	<hr/>
Decrease in cash in the year	<u>(64,028)</u>	<u>(92,357)</u>

FRESH ISLAND FOODS LIMITED

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2014

1 Reconciliation of operating loss to net cash outflow from operating activities	2014	2013
	£	£
Operating loss	(7,264)	(91,489)
Depreciation of tangible assets	108,673	125,274
Amortisation of intangible assets	7,500	3,750
Loss on disposal of tangible assets	192	2,937
Decrease in stocks	4,846	71,409
(Increase)/decrease in debtors	(84,125)	18,479
Increase/(decrease) in creditors within one year	32,134	(29,954)
Net cash inflow from operating activities	61,956	100,406

2 Analysis of net funds	1 April 2013	Cash flow	Other non-cash changes	31 March 2014
	£	£	£	£
Net cash:				
Cash at bank and in hand	226,092	(64,028)	-	162,064
Bank deposits	-	-	-	-
Debt:				
Finance leases	(140,519)	52,984	-	(87,535)
Debts falling due within one year	(17,871)	(752)	-	(18,623)
Debts falling due after one year	(48,250)	18,666	-	(29,584)
	(206,640)	70,898	-	(135,742)
Net funds	19,452	6,870	-	26,322

3 Reconciliation of net cash flow to movement in net funds	2014	2013
	£	£
Decrease in cash in the year	(64,028)	(92,357)
Cash outflow/(inflow) from decrease/(increase) in debt and lease financing	70,898	(67,819)
Movement in net funds in the year	6,870	(160,176)
Opening net funds	19,452	179,628
Closing net funds	26,322	19,452

FRESH ISLAND FOODS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2014

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention modified to include the revaluation of freehold land and buildings.

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated).

1.3 Turnover

Turnover represents amounts receivable for goods and services net of VAT and trade discounts.

1.4 Goodwill

Acquired goodwill is written off in equal annual instalments over its estimated useful economic life of 10 years.

1.5 Tangible fixed assets and depreciation

Tangible fixed assets other than freehold land are stated at cost or valuation less depreciation. Depreciation is provided at rates calculated to write off the cost or valuation less estimated residual value of each asset over its expected useful life, as follows:

Land and buildings Freehold	Land is not depreciated, buildings are depreciated on a 0.5% straight line basis
Plant and machinery	10% reducing balance
Fixtures, fittings & equipment	10% reducing balance
Motor vehicles	25% reducing balance

1.6 Leasing and hire purchase commitments

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible assets and depreciated over the shorter of the lease term and their useful lives. Obligations under such agreements are included in creditors net of the finance charge allocated to future periods. The finance element of the rental payment is charged to the profit and loss account so as to produce a constant periodic rate of charge on the net obligation outstanding in each period.

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.7 Stock

Stock is valued at the lower of cost and net realisable value.

1.8 Pensions

The company operates a defined contribution scheme for the benefit of its employees. Contributions payable are charged to the profit and loss account in the year they are payable.

1.9 Deferred taxation

Deferred taxation is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes. The deferred tax balance has not been discounted.

FRESH ISLAND FOODS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2014

2	Operating loss	2014	2013
		£	£
	Operating loss is stated after charging:		
	Amortisation of intangible assets	7,500	3,750
	Depreciation of tangible assets	108,673	125,274
	Loss on disposal of tangible assets	192	2,937
	Operating lease rentals	90,745	78,032
	Auditors' remuneration (including expenses and benefits in kind)	3,100	2,500
		<u>3,100</u>	<u>2,500</u>
3	Investment income	2014	2013
		£	£
	Bank interest	3,039	1,565
		<u>3,039</u>	<u>1,565</u>
		<u>3,039</u>	<u>1,565</u>
4	Interest payable	2014	2013
		£	£
	On bank loans and overdrafts	2,497	1,326
	Hire purchase interest	6,933	9,838
		<u>9,430</u>	<u>11,164</u>
		<u>9,430</u>	<u>11,164</u>

FRESH ISLAND FOODS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2014

5	Taxation	2014 £	2013 £
	Domestic current year tax		
	Adjustment for prior years	(37)	-
	Total current tax	<u>(37)</u>	<u>-</u>
	Deferred tax		
	Deferred tax charge/(credit) current year	(2,198)	(15,910)
		<u>(2,235)</u>	<u>(15,910)</u>
	Factors affecting the tax charge for the year		
	Loss on ordinary activities before taxation	<u>(13,655)</u>	<u>(101,088)</u>
	Loss on ordinary activities before taxation multiplied by standard rate of UK corporation tax of 20.00% (2013 - 20.00%)	<u>(2,731)</u>	<u>(20,218)</u>
	Effects of:		
	Non deductible expenses	38	591
	Depreciation add back	21,735	25,055
	Capital allowances	(21,992)	(22,106)
	Effect of tax losses	2,950	16,678
	Adjustments to previous periods	(37)	-
		<u>2,694</u>	<u>20,218</u>
	Current tax charge for the year	<u>(37)</u>	<u>-</u>

The company has estimated losses of £ 98,144 (2013 - £ 83,392) available for carry forward against future trading profits.

6	Dividends	2014 £	2013 £
	Ordinary interim paid	<u>50,000</u>	<u>25,000</u>

FRESH ISLAND FOODS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2014

7 Intangible fixed assets

	Goodwill £
Cost	
At 1 April 2013 & at 31 March 2014	75,000
Amortisation	
At 1 April 2013	3,750
Charge for the year	7,500
At 31 March 2014	11,250
Net book value	
At 31 March 2014	63,750
At 31 March 2013	71,250

8 Tangible fixed assets

	Land and buildings Freehold	Plant and machinery	Fixtures, fittings & equipment	Motor vehicles	Total
	£	£	£	£	£
Cost or valuation					
At 1 April 2013	495,000	543,703	281,164	830,987	2,150,854
Additions	-	7,602	442	36,500	44,544
Disposals	-	-	-	(127,064)	(127,064)
At 31 March 2014	495,000	551,305	281,606	740,423	2,068,334
Depreciation					
At 1 April 2013	2,475	472,983	254,617	435,543	1,165,618
On disposals	-	-	-	(100,663)	(100,663)
Charge for the year	2,475	7,832	2,699	95,667	108,673
At 31 March 2014	4,950	480,815	257,316	430,547	1,173,628
Net book value					
At 31 March 2014	490,050	70,490	24,290	309,876	894,706
At 31 March 2013	492,525	70,720	26,547	395,444	985,236

The freehold and leasehold land and buildings were valued on an open market basis by a firm of independent Chartered Surveyors.

If these properties were sold for their revalued amounts it would be necessary to replace them with similar property, and rollover relief against tax on the gain would be available. Accordingly, no timing differences arise and no provision has been made for deferred tax in respect of the revaluation.

FRESH ISLAND FOODS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2014

8 Tangible fixed assets

(Continued)

Included above are assets held under finance leases or hire purchase contracts as follows:

	Motor vehicles £
Net book values	
At 31 March 2014	182,888
At 31 March 2013	196,788
Depreciation charge for the year	
At 31 March 2014	53,338
At 31 March 2013	49,397

9 Stocks

2014

2013

£

£

Finished goods and goods for resale

380,810

385,656

10 Debtors

2014

2013

£

£

Trade debtors

563,326

477,004

Corporation tax

-

12,670

Other debtors

16,003

22,691

Prepayments and accrued income

58,497

54,006

637,826

566,371

FRESH ISLAND FOODS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2014

11 Creditors: amounts falling due within one year	2014	2013
	£	£
Bank loans and overdrafts	18,623	17,871
Net obligations under hire purchase contracts	60,938	71,043
Trade creditors	997,374	960,937
Taxes and social security costs	13,570	17,038
Accruals and deferred income	13,604	7,506
	<u>1,104,109</u>	<u>1,074,395</u>

The company's bank holds security for any debts due to it in the form of a legal charge over the company's land and buildings, together with a floating debenture over the assets of the company.

All hire purchase liabilities are secured on the assets to which they relate.

FRESH ISLAND FOODS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2014

12 Creditors: amounts falling due after more than one year	2014 £	2013 £
Bank loans	48,207	66,121
Other loans	(18,623)	(17,871)
Net obligations under hire purchase contracts	26,597	69,476
	<u>56,181</u>	<u>117,726</u>
Analysis of loans		
Wholly repayable within five years	48,207	66,121
	<u>48,207</u>	<u>66,121</u>
Included in current liabilities	(18,623)	(17,871)
	<u>29,584</u>	<u>48,250</u>
Loan maturity analysis		
In more than two years but not more than five years	29,584	48,250
	<u>29,584</u>	<u>48,250</u>
<p>The loan is secured by a fixed and floating charge over the assets of the company.</p>		
Net obligations under hire purchase contracts		
Repayable within one year	60,938	71,043
Repayable between one and five years	26,597	69,476
	<u>87,535</u>	<u>140,519</u>
Included in liabilities falling due within one year	(60,938)	(71,043)
	<u>26,597</u>	<u>69,476</u>

All hire purchase liabilities are secured on the assets to which they relate.

FRESH ISLAND FOODS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2014

13 Provisions for liabilities

	Deferred tax liability £
Balance at 1 April 2013	3,937
Profit and loss account	(2,198)
Balance at 31 March 2014	<u>1,739</u>

The deferred tax liability is made up as follows:

	2014 £	2013 £
Accelerated capital allowances	<u>1,739</u>	<u>3,937</u>

14 Pension and other post-retirement benefit commitments Defined contribution

	2014 £	2013 £
Contributions payable by the company for the year	<u>3,169</u>	<u>3,169</u>

15 Share capital

	2014 £	2013 £
Allotted, called up and fully paid 1,000 Ordinary shares of £1 each	<u>1,000</u>	<u>1,000</u>

FRESH ISLAND FOODS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2014

16 Statement of movements on reserves

	Revaluation reserve	Profit and loss account
	£	£
Balance at 1 April 2013	165,822	871,725
Loss for the year	-	(11,420)
Transfer from revaluation reserve to profit and loss account	-	709
Dividends paid	-	(50,000)
Depreciation written back	(709)	-
Balance at 31 March 2014	<u>165,113</u>	<u>811,014</u>

17 Reconciliation of movements in shareholders' funds

	2014	2013
	£	£
Loss for the financial year	(11,420)	(85,178)
Dividends	(50,000)	(25,000)
	<u>(61,420)</u>	<u>(110,178)</u>
Other recognised gains and losses	-	166,531
Net (depletion in)/addition to shareholders' funds	(61,420)	56,353
Opening shareholders' funds	1,038,547	982,194
Closing shareholders' funds	<u>977,127</u>	<u>1,038,547</u>

18 Contingent liabilities

There were no contingent liabilities at the year end (2013 - £nil).

19 Financial commitments

At 31 March 2014 the company was committed to making the following payments under non-cancellable operating leases in the year to 31 March 2015:

	Land and buildings	
	2014	2013
	£	£
Operating leases which expire:		
Between two and five years	<u>43,000</u>	<u>43,000</u>

FRESH ISLAND FOODS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2014

20 Capital commitments

The company had no capital commitments at the year end (2013 - £nil).

21 Directors' remuneration	2014 £	2013 £
Remuneration for qualifying services	124,412	124,896

The number of directors for whom retirement benefits are accruing under defined contribution schemes amounted to 3 (2013 - 3).

22 Employees

Number of employees

The average monthly number of employees (including directors) during the year was:

	2014 Number	2013 Number
Directors	4	4
Administration	48	47
	<u>52</u>	<u>51</u>

Employment costs

	2014 £	2013 £
Wages and salaries	900,544	975,088
Social security costs	68,920	76,920
Other pension costs	3,169	3,169
	<u>972,633</u>	<u>1,055,177</u>

23 Post balance sheet events

There are no post balance sheet events that the directors feel should be brought to the attention of the shareholders.

24 Related party relationships and transactions

FRESH ISLAND FOODS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2014

24 Related party relationships and transactions

(Continued)

Loans to directors

Transactions in relation to loans with directors during the year are outlined in the table below:

Description	% Rate	Opening Balance £	Amounts Advanced £	Interest Charged £	Amounts Repaid £	Closing Balance £
Mr S Brady	-	-	500	-	-	500
		<u>-</u>	<u>500</u>	<u>-</u>	<u>-</u>	<u>500</u>
		<u>-</u>	<u>500</u>	<u>-</u>	<u>-</u>	<u>500</u>