

Registered Number 07045317

ACTIV8 GYM LTD

Abbreviated Accounts

31 March 2016

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Registered Number 07045317

Abbreviated Balance Sheet as at 31 March 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		£	£
Fixed assets			
Tangible assets	2	81,145	99,554
		<u>81,145</u>	<u>99,554</u>
Current assets			
Cash at bank and in hand		3,823	2,352
		<u>3,823</u>	<u>2,352</u>
Creditors: amounts falling due within one year		(17,694)	(3,284)
Net current assets (liabilities)		<u>(13,871)</u>	<u>(932)</u>
Total assets less current liabilities		<u>67,274</u>	<u>98,622</u>
Creditors: amounts falling due after more than one year		(140,881)	(140,881)
Total net assets (liabilities)		<u>(73,607)</u>	<u>(42,259)</u>
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		(73,707)	(42,359)
Shareholders' funds		<u>(73,607)</u>	<u>(42,259)</u>

- For the year ending 31 March 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 23 December 2016

And signed on their behalf by:

N Ashraf, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of goods falling within the company's ordinary activities

Tangible assets depreciation policy

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Leasehold properties - Straight line over the life of the lease

Fixtures, fittings

and equipment - 10% straight line

Other accounting policies

Going concern

The accounts have been prepared on a going concern basis on the assumption that the company will continue to receive financial support from its director and creditors

2 Tangible fixed assets

	£
Cost	
At 1 April 2015	217,123
Additions	3,640
Disposals	(5,840)
Revaluations	-
Transfers	-
At 31 March 2016	<u>214,923</u>
Depreciation	
At 1 April 2015	117,569
Charge for the year	19,414
On disposals	(3,205)
At 31 March 2016	<u>133,778</u>
Net book values	
At 31 March 2016	<u>81,145</u>
At 31 March 2015	<u>99,554</u>

3 Called Up Share Capital

Allotted, called up and fully paid:

	2016	2015
	£	£
100 Ordinary shares of £1 each	100	100