Are One Management Limited

Abbreviated Accounts

30 September 2016

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Are One Management Limited

Registered number: 07771941

Abbreviated Balance Sheet

as at 30 September 2016

No	tes		2016		2015
_			£		£
Fixed assets					
Tangible assets	2		5,700		7,601
Current assets					
Debtors		5,000		9,073	
Cash at bank and in hand		37,690		16,342	
Cash at bank and in hand				25,415	
		42,690		25,415	
Creditors: amounts falling due					
within one year		(27,612)		(17,489)	
Net comment escate			15.070		7 000
Net current assets			15,078		7,926
Total assets less current		-	<u> </u>	-	
liabilities			20,778		15,527
Provisions for liabilities			(1,083)		(1,520)
Net assets		-	19,695	_	14,007
		-		-	,
Capital and reserves					
Called up share capital	3		1		1
Profit and loss account			19,694		14,006
		-		_	
Shareholder's funds		-	19,695	_	14,007

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

S Bourne Director Approved by the board on 21 July 2017

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1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	25% reducing balance
Land and buildings	25% reducing balance

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

Foreign currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account.

Pensions

The company operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

2	Tangible fixed assets	£
	Cost	
	At 1 October 2015	13,378
	At 30 September 2016	13,378
	Depreciation	
	At 1 October 2015	5,777
	Charge for the year	1,901
	At 30 September 2016	7,678

Net book value

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	Downloa	Downloaded from Datalog http://www.datalog.co.uk				
	At 30 September 2016			5,700		
	At 30 September 2015			7,601		
			_			
3	Share capital	Nominal	2016	2016	2015	
		value	Number	£	£	
	Allotted, called up and fully paid:					
	Ordinary shares	£1 each	1	1	1	
	,		-			