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Abbreviated Unaudited Accounts for the Year Ended 31 October 2016

<u>for</u>

Constantine & Co Ltd

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Constantine & Co Ltd

Company Information for the Year Ended 31 October 2016

DIRECTOR:

C Makris

SECRETARY:

REGISTERED OFFICE:

9 Vermont Place Milton Keynes Buckinghamshire MK15 8JA

REGISTERED NUMBER: 07807850 (England and Wales)

ACCOUNTANTS:

Constantine & Co Ltd 9 Vermont Place Milton Keynes Buckinghamshire MK15 8JA

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Abbreviated Balance Sheet

31 October 2016

	Nutra	31.10.		31.10.	
FIXED ASSETS	Notes	£	£	£	£
Intangible assets Tangible assets	2 3		21,317 <u>5,577</u> 26,894		23,449 <u>7,614</u> 31,063
CURRENT ASSETS Debtors Cash at bank and in hand		24,795 <u>165</u> 24,960		23,372 <u>39</u> 23,411	
CREDITORS Amounts falling due within one NET CURRENT ASSETS TOTAL ASSETS LESS CURR LIABILITIES		<u>13,741</u>	<u>11,219</u> 38,113	<u>21,916</u>	<u>1,495</u> 32,558
CREDITORS Amounts falling due after more one year NET ASSETS	than		12,053 26,060		3,921 28,637
CAPITAL AND RESERVES Called up share capital Profit and loss account SHAREHOLDERS' FUNDS	4		1 <u>26,059</u> <u>26,060</u>		1 <u>28,636</u> <u>28,637</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

ensuring that the company keeps accounting records which comply with Sections 386 and (a) 387 of the Companies

Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the

(b) requirements of Sections
394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial

statements, so far as applicable to the company.

The notes form part of these abbreviated accounts

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continued...

Abbreviated Balance Sheet - continued 31 October 2016

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 27 July 2017 and were signed by:

C Makris - Director

The notes form part of these abbreviated accounts

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Notes to the Abbreviated Accounts for the Year Ended 31 October 2016

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the

Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax, except in respect of service contracts

where turnover is recognised when the company obtains the right to consideration.

Goodwill

Goodwill, being the amount paid in connection with the acquisition of a business in 2012, is being amortised evenly over its estimated useful life of fifteen years.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% on reducing balance and 20% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. INTANGIBLE FIXED ASSETS

	Total £
COST	
At 1 November 2015	
and 31 October 2016	<u>31,976</u>
AMORTISATION	
At 1 November 2015	8,527
Amortisation for year	2,132
At 31 October 2016	<u>10,659</u>
NET BOOK VALUE	
At 31 October 2016	<u>21,317</u>
At 31 October 2015	23,449

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continued...

Notes to the Abbreviated Accounts - continued for the Year Ended 31 October 2016

3. TANGIBLE FIXED ASSETS

	Total £
COST At 1 November 2015 Additions	13,309 620
Disposals At 31 October 2016 DEPRECIATION	<u>(1,650)</u> <u>12,279</u>
At 1 November 2015 Charge for year Eliminated on disposal	5,695 2,325 _(1,318)
At 31 October 2016 NET BOOK VALUE At 31 October 2016	6,702
At 31 October 2015	<u>5,577</u> 7,614

4. CALLED UP SHARE CAPITAL

Allotted, iss	ued and fully paid:			
Number:	<i>2</i> 1	Nominal	31.10.16	31.10.15
		value:	£	£
1	Ordinary	£1	<u> </u>	1

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