

**ART OF CONTEMPORARY YOGA LIMITED**

**Company Registration Number:  
06497818 (England and Wales)**

**Unaudited micro entity accounts for the year ended 31 July 2017**

**Period of accounts**

**Start date: 01 August 2016**

**End date: 31 July 2017**

## **ART OF CONTEMPORARY YOGA LIMITED**

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**for the Period Ended 31 July 2017**

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## ART OF CONTEMPORARY YOGA LIMITED

### Company Information

for the Period Ended 31 July 2017

<b>Director:</b>	Joanne Sarah Avison
<b>Registered office:</b>	87 Fernhurst Crescent Brighton East Sussex BN1 8FA
<b>Company Registration Number:</b>	06497818 (England and Wales)

## ART OF CONTEMPORARY YOGA LIMITED

### Directors' Report Period Ended 31 July 2017

The directors present their report with the financial statements of the company for the period ended 31 July 2017

#### Directors

The directors shown below have held office during the whole of the period from 01 August 2016 to 31 July 2017

Joanne Sarah Avison

This report was approved by the board of directors on 28 April 2018

And Signed On Behalf Of The Board By:

Name: Joanne Sarah Avison

Status: Director

## ART OF CONTEMPORARY YOGA LIMITED

### Profit and Loss Account

for the Period Ended 31 July 2017

		<i>2017</i>	<i>2016</i>
		£	£
Turnover		<b>14,740</b>	16,594
Other Income	Free company information from Datalog <a href="http://www.datalog.co.uk">http://www.datalog.co.uk</a>	<b>550</b>	683

Cost of Materials	<b>(17,308)</b>	(17,603)
Depreciation and Writeoffs	<b>(279)</b>	(281)
Profit or (Loss) for Period	<b>(2,297)</b>	(607)

## ART OF CONTEMPORARY YOGA LIMITED

### Balance sheet

As at 31 July 2017

	<i>2017</i>	<i>2016</i>
	<i>£</i>	<i>£</i>
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Fixed Assets:	<b>837</b>	1,117
Current assets:	<b>14,163</b>	14,942
Prepayments and accrued income:	<b>84</b>	1,264
Creditors: amounts falling due within one year:	<b>(7,221)</b>	(2,210)
	<b>)</b>	<b>)</b>
<b>Net current assets (liabilities):</b>	<b>7,026</b>	13,996
Total assets less current liabilities:	<b>7,863</b>	15,113
Accruals and deferred income:	<b>(703)</b>	(656)
<b>Total net assets (liabilities):</b>	<b>7,160</b>	14,457
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<b>Capital and reserves:</b>	<b>7,160</b>	14,457

## ART OF CONTEMPORARY YOGA LIMITED

## **Balance sheet continued**

For the year ending 31 July 2017 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

**This report was approved by the board of directors on 28 April 2018**

**And Signed On Behalf Of The Board By:**

Name: Joanne Sarah Avison

Status: Director

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The notes form part of these financial statements

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