

COACHING AND TRAINING LIMITED

Unaudited Financial Statements

Period of accounts

Start date: 01 April 2017

End date: 31 March 2018

COACHING AND TRAINING LIMITED

Contents Page

For the year ended 31 March 2018

Company Information

Director's Report

Statement of Financial Position

Notes to the Financial Statements

COACHING AND TRAINING LIMITED

Company Information

For the year ended 31 March 2018

Director	Damian Ward Palin
Registered Number	09262808
Registered Office	24 Brome Way Spital Wirral CH63 9ND
Accountants	Woods Squared Limited Unit 3 Prenton Business Park Prenton Way Prenton Wirral CH43 3EA

COACHING AND TRAINING LIMITED

Director's Report

For the year ended 31 March 2018

The director presents his report and accounts for the year ended 31 March 2018.

Principal activities

The principal activity of the company during the financial year was that of management consultancy activities.

Directors

The director who served the company throughout the year was as follows:

Damian Ward Palin

Statement of director's responsibilities

The director is responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the director to prepare financial statements for each financial year. Under that law the director has elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (Financial Reporting Standard 102 and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the director is required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The director is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and enable him to ensure that the financial statements comply with the Companies Act 2006. The director is also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors at the date of approval of this report each confirm that:

- so far as the directors are aware, there is no relevant information of which the company's auditor is unaware; and
- the directors have taken all the steps that they ought to have taken in order to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Signed on behalf of the board

Damian Ward Palin
Director

Date approved: 20 July 2018

COACHING AND TRAINING LIMITED

Statement of Financial Position

As at 31 March 2018

	Notes	2018 £	2017 £
Fixed assets			
Tangible fixed assets	2	2,733	2,366
		2,733	2,366
Current assets			
Debtors	3	5,649	5,693
Cash at bank and in hand		61,407	59,402
		67,056	65,095
Creditors: amount falling due within one year	4	(18,248)	(28,925)
Net current assets		48,808	36,170
Total assets less current liabilities		51,541	38,536
Provisions for liabilities	5	(519)	(473)
Net assets		51,022	38,063
Capital and reserves			
Called up share capital		10	10
Profit and loss account		51,012	38,053
Shareholders funds		51,022	38,063

For the year ended 31 March 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's Responsibilities:

1. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476
2. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have elected not to include the profit and loss account within the financial statements.

Signed on behalf of the board of directors

Damian Ward Palin
Director

Date approved by the board: 20 July 2018

COACHING AND TRAINING LIMITED

Notes to the Financial Statements

For the year ended 31 March 2018

General Information

Coaching and Training Limited is a private limited company, limited by shares, domiciled in England and Wales, registration number 09262808, registration address 24 Brome Way, Spital, Wirral, CH63 9ND.

The presentation currency is £ sterling.

1. Accounting Policies

Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Financial Reporting Standard for Smaller Entities (effective January 2016).

Turnover

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

Deferred taxation

Deferred tax is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes. The deferred tax balance has not been discounted.

Tangible fixed assets

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Computer Equipment	33% Straight Line
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Provisions

Provisions are recognised when the company has a present obligation as a result of a past event which it is more probable than not will result in an outflow of economic benefits that can be reasonably estimated.

2. Tangible fixed assets

Cost or Valuation	Computer Equipment	Total
	£	£
At 01 April 2017	4,399	4,399
Additions	2,687	2,687
Disposals	-	-
At 31 March 2018	7,086	7,086
Depreciation		
At 01 April 2017	2,033	2,033
Charge for year	2,320	2,320
On disposals	-	-
At 31 March 2018	4,353	4,353
Net book values		
Closing balance as at 31 March 2018	2,733	2,733
Opening balance as at 01 April 2017	2,366	2,366

3. Debtors: amounts falling due within one year

	2018	2017
	£	£
Trade Debtors	5,649	5,693
	5,649	5,693

4. Creditors: amount falling due within one year

	2018	2017
	£	£
Trade Creditors	8	(1)
Corporation Tax	8,610	10,187
Other Creditors	50	-
Directors' Current Accounts	2,294	13,948
VAT	7,286	4,791
	18,248	28,925

5. Provisions for liabilities

	2018	2017
	£	£
Deferred Tax	519	473
	519	473