

24/7 Fitness (UK) Ltd

Annual Report and Unaudited Financial Statements

for the Year Ended 30 June 2018

Walji & Co Private Clients Limited
Prospect House
50 Leigh Road
Eastleigh
Hampshire
SO50 9DT

24/7 Fitness (UK) Ltd

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24/7 Fitness (UK) Ltd

Company Information

Director Ms Sarah Jane Chivers

Company secretary Ms Sarah Jane Chivers

Registered office 24/7 Fitness House
The Mount
7 Bewdley Hill
Kidderminster
DY11 6BS

Accountants Walji & Co Private Clients Limited
Prospect House
50 Leigh Road
Eastleigh
Hampshire
SO50 9DT

24/7 Fitness (UK) Ltd

Director's Report for the Year Ended 30 June 2018

The director presents her report and the financial statements for the year ended 30 June 2018.

Directors of the company

The directors who held office during the year were as follows:

Ms Sarah Jane Chivers - Company secretary and director

Mr Gary Kenneth G K Lockwood (resigned 2 January 2019)

Principal activity

The principal activity of the company is Fitness Facilities

Small companies provision statement

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Approved by the director on 27 March 2019 and signed on its behalf by:

.....
Ms Sarah Jane Chivers
Company secretary and director

24/7 Fitness (UK) Ltd

(Registration number: 08799509)
Balance Sheet as at 30 June 2018

	Note	2018 £	2017 £
Fixed assets			
Tangible assets	5	119,344	190,950
Current assets			
Debtors	6	44,039	132,797
Cash at bank and in hand		5,605	5,166
		49,644	137,963
Creditors: Amounts falling due within one year	7	(76,131)	(135,996)
Net current (liabilities)/assets		(26,487)	1,967
Total assets less current liabilities		92,857	192,917
Creditors: Amounts falling due after more than one year	7	(55,622)	(84,894)
Net assets		37,235	108,023
Capital and reserves			
Called up share capital		100	100
Profit and loss account		37,135	107,923
Total equity		37,235	108,023

For the financial year ending 30 June 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Approved and authorised by the director on 27 March 2019

.....
Ms Sarah Jane Chivers

Company secretary and director

The notes on pages [5](#) to [12](#) form an integral part of these financial statements.
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24/7 Fitness (UK) Ltd

Statement of Changes in Equity for the Year Ended 30 June 2018

	Share capital	Profit and loss	Total
	£	account	£
	£	£	£
At 1 July 2017	100	107,923	108,023
Loss for the year	-	(70,788)	(70,788)
Total comprehensive income	-	(70,788)	(70,788)
At 30 June 2018	100	37,135	37,235

	Share capital	Profit and loss	Total
	£	account	£
	£	£	£
At 1 July 2016	100	74,342	74,442
Profit for the year	-	33,581	33,581
Total comprehensive income	-	33,581	33,581
At 30 June 2017	100	107,923	108,023

The notes on pages [5](#) to [12](#) form an integral part of these financial statements.

24/7 Fitness (UK) Ltd

Notes to the Financial Statements for the Year Ended 30 June 2018

1 General information

The company is a private company limited by share capital, incorporated in England.

The address of its registered office is:

24/7 Fitness House
The Mount
7 Bewdley Hill
Kidderminster
DY11 6BS
England

The principal place of business is:

Fort Parkway
Fort Dunlop
Birmingham
B24 9FD

These financial statements were authorised for issue by the director on 27 March 2019.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

These financial statements have been prepared in accordance with Financial Reporting Standard 102 Section 1A - 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006.

Basis of preparation

These financial statements have been prepared using the historical cost convention except that as disclosed in the accounting policies certain items are shown at fair value.

Revenue recognition

Turnover comprises the fair value of the consideration received or receivable for the sale of goods and provision of services in the ordinary course of the company's activities. Turnover is shown net of sales/value added tax, returns, rebates and discounts.

The company recognises revenue when:

The amount of revenue can be reliably measured;
it is probable that future economic benefits will flow to the entity;
and specific criteria have been met for each of the company's activities.

Tangible assets

Tangible assets are stated in the statement of financial position at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

The cost of tangible assets includes directly attributable incremental costs incurred in their acquisition and installation.

24/7 Fitness (UK) Ltd

Notes to the Financial Statements for the Year Ended 30 June 2018

Depreciation

Depreciation is charged so as to write off the cost of assets, other than land and properties under construction over their estimated useful lives, as follows:

Asset class	Depreciation method and rate
Leasehold land and buildings	over 10 years
Plant and machinery	over 5 years
Fixtures, fittings, tools and equipment	over 5 years

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Profit and Loss Account over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the company has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

24/7 Fitness (UK) Ltd

Notes to the Financial Statements for the Year Ended 30 June 2018

Leases

Leases are classified as finance leases whenever the terms of the lease transfer substantially all the risks and rewards of ownership to the lessee.

Assets held under finance leases are recognised at the lower of their fair value at inception of the lease and the present value of the minimum lease payments. These assets are depreciated on a straight-line basis over the shorter of the useful life of the asset and the lease term. The corresponding liability to the lessor is included in the Balance Sheet as a finance lease obligation.

Lease payments are apportioned between finance costs in the Profit and Loss Account and reduction of the lease obligation so as to achieve a constant periodic rate of interest on the remaining balance of the liability.

Share capital

Ordinary shares are classified as equity. Equity instruments are measured at the fair value of the cash or other resources received or receivable, net of the direct costs of issuing the equity instruments. If payment is deferred and the time value of money is material, the initial measurement is on a present value basis.

Defined contribution pension obligation

A defined contribution plan is a pension plan under which fixed contributions are paid into a pension fund and the company has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised as employee benefit expense when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

3 Staff numbers

The average number of persons employed by the company (including the director) during the year, was 3 (2017 - 3).

4 Loss/profit before tax

Arrived at after charging/(crediting)

	2018	2017
	£	£
Depreciation expense	84,333	77,666

24/7 Fitness (UK) Ltd

Notes to the Financial Statements for the Year Ended 30 June 2018

5 Tangible assets

	Land and buildings £	Other property, plant and equipment £	Total £
Cost or valuation			
At 1 July 2017	38,628	399,244	437,872
Additions	3,196	9,531	12,727
At 30 June 2018	41,824	408,775	450,599
Depreciation			
At 1 July 2017	9,025	237,897	246,922
Charge for the year	4,182	80,151	84,333
At 30 June 2018	13,207	318,048	331,255
Carrying amount			
At 30 June 2018	28,617	90,727	119,344
At 30 June 2017	29,603	161,347	190,950

Included within the net book value of land and buildings above is £28,617 (2017 - £29,603) in respect of short leasehold land and buildings.

6 Debtors

	Note	2018 £	2017 £
Trade debtors		380	380
Amounts owed by group undertakings and undertakings in which the company has a participating interest	10	16,163	105,077
Prepayments		14,578	13,136
Other debtors		12,918	14,204
		44,039	132,797

24/7 Fitness (UK) Ltd

Notes to the Financial Statements for the Year Ended 30 June 2018

7 Creditors

Creditors: amounts falling due within one year

	Note	2018 £	2017 £
Due within one year			
Bank loans and overdrafts	9	32,537	29,272
Trade creditors		-	313
Taxation and social security		9,094	20,088
Accruals and deferred income		32,583	35,817
Other creditors		1,917	50,506
		<u>76,131</u>	<u>135,996</u>

Creditors: amounts falling due after more than one year

	Note	2018 £	2017 £
Due after one year			
Loans and borrowings	9	<u>55,622</u>	<u>84,894</u>

8 Share capital

Allotted, called up and fully paid shares

	2018		2017	
	No.	£	No.	£
Ordinary of £1 each	100	100	100	100
		<u>100</u>	<u>100</u>	<u>100</u>

9 Loans and borrowings

	2018 £	2017 £
Non-current loans and borrowings		
Bank borrowings	48,284	58,449
Finance lease liabilities	7,338	26,445
	<u>55,622</u>	<u>84,894</u>

24/7 Fitness (UK) Ltd

Notes to the Financial Statements for the Year Ended 30 June 2018

	2018 £	2017 £
Current loans and borrowings		
Bank borrowings	10,165	10,165
Bank overdrafts	3,265	-
Finance lease liabilities	19,107	19,107
	<u>32,537</u>	<u>29,272</u>

10 Related party transactions

Transactions with directors

	At 1 July 2017 £	Advances to directors £	At 30 June 2018 £
2018			
Ms Sarah Jane Chivers			
Directors Current Account	(6,140)	6,140	-
	<u>(6,140)</u>	<u>6,140</u>	<u>-</u>

	At 1 July 2016 £	At 30 June 2017 £
2017		
Ms Sarah Jane Chivers		
Directors Current Account	(6,140)	(6,140)
	<u>(6,140)</u>	<u>(6,140)</u>

Directors' remuneration

The directors' remuneration for the year was as follows:

	2018 £	2017 £
Remuneration	-	7,086
	<u>-</u>	<u>7,086</u>

Summary of transactions with parent

TP Partners Ltd

Loan from parent company.

Summary of transactions with associates

24/7 Fitness (UK) Ltd

Notes to the Financial Statements for the Year Ended 30 June 2018

24/7 Fitness (GB) Ltd
 24/7 Fitness Ltd
 24/7 Fitness Kidderminster Ltd
 24/7 Fitness Birmingham Ltd
 24/7 Fitness Norwich Ltd
 24/7 Fitness Group Ltd
 24/7 Fitness Group GB Ltd
 24/7 Fitness York Ltd
 24/7 Fitness Bromborough Ltd
 Twenty Four Seven Fitness Ltd
 Halifax Fitness Ltd
 24/7 Fitness Gyms Ltd

The Company has loans to and from group undertakings.

Loans to related parties

	Parent £	Associates £
2018		
At start of period	-	283,978
Advanced	16,163	-
Repaid	-	(39,387)
	<hr/>	<hr/>
At end of period	<u>16,163</u>	<u>244,591</u>
		Associates
		£
2017		
At start of period		225,934
Advanced		<hr/> 58,044
At end of period		<hr/> <u>283,978</u>

Loans from related parties

	Parent £	Associates £
2018		
At start of period	44,367	178,899
Advanced	-	67,610
Repaid	(44,367)	-
	<hr/>	<hr/>
At end of period	<u>-</u>	<u>246,509</u>
		Associates
		£
2017		
At start of period	46,631	161,476
Advanced	-	17,423
Repaid	(2,264)	-
	<hr/>	<hr/>
At end of period	<u>44,367</u>	<u>178,899</u>

24/7 Fitness (UK) Ltd

Notes to the Financial Statements for the Year Ended 30 June 2018

11 Parent and ultimate parent undertaking

The company's immediate parent is TP Partners Ltd, incorporated in England.