

**REGISTERED NUMBER: 07458891 (England and Wales)**

**UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018  
FOR  
APEX PRACTICE (LONDON) LIMITED**



**APEX PRACTICE (LONDON) LIMITED (REGISTERED NUMBER: 07458891)**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018**

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	<b>Page</b>
<b>Company Information</b>	1
<b>Balance Sheet</b>	2
<b>Notes to the Financial Statements</b>	3



**APEX PRACTICE (LONDON) LIMITED**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 31 DECEMBER 2018**

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**DIRECTORS:** R Francis  
Mrs D Francis

**REGISTERED OFFICE:** 10 Harley Street  
London  
W1G 9PF

**REGISTERED NUMBER:** 07458891 (England and Wales)

**ACCOUNTANTS:** Arithma Accountants Limited  
9 Mansfield Street  
London  
W1G 9NY



**APEX PRACTICE (LONDON) LIMITED (REGISTERED NUMBER: 07458891)**

**BALANCE SHEET  
31 DECEMBER  
2018**

	Notes	2018 £	£	2017 £	£
<b>FIXED ASSETS</b>					
Tangible assets	4		853		257
<b>CURRENT ASSETS</b>					
Debtors	5	1,259		1,240	
Cash at bank		<u>26,567</u>		<u>44,739</u>	
		27,826		45,979	
<b>CREDITORS</b>					
Amounts falling due within one year	6	<u>26,146</u>		<u>46,042</u>	
<b>NET CURRENT ASSETS/(LIABILITIES)</b>			<u>1,680</u>		<u>(63)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u><u>2,533</u></u>		<u><u>194</u></u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital			100		100
Retained earnings			<u>2,433</u>		<u>94</u>
			<u><u>2,533</u></u>		<u><u>194</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2018 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and
- (a) 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the
- (b) requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors on 30 August 2019 and were signed on its behalf by:

R Francis - Director





**APEX PRACTICE (LONDON) LIMITED (REGISTERED NUMBER: 07458891)**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2018**

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**1. STATUTORY INFORMATION**

Apex Practice (London) Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

**2. ACCOUNTING POLICIES**

**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**TURNOVER**

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

**TANGIBLE FIXED ASSETS**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on cost

**TAXATION**

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

**DEFERRED TAX**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

**HIRE PURCHASE AND LEASING COMMITMENTS**

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

**3. EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 1 (2017 - 1 ) .

**APEX PRACTICE (LONDON) LIMITED (REGISTERED NUMBER: 07458891)**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 DECEMBER 2018**

<b>4. TANGIBLE FIXED ASSETS</b>			
			Plant and machinery etc £
	<b>COST</b>		
	At 1 January 2018		7,464
	Additions		<u>879</u>
	At 31 December 2018		<u>8,343</u>
	<b>DEPRECIATION</b>		
	At 1 January 2018		7,207
	Charge for year		<u>283</u>
	At 31 December 2018		<u>7,490</u>
	<b>NET BOOK VALUE</b>		
	At 31 December 2018		<u>853</u>
	At 31 December 2017		<u>257</u>
<b>5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
		2018	2017
		£	£
	Other debtors	<u>1,259</u>	<u>1,240</u>
<b>6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
		2018	2017
		£	£
	Trade creditors	15,751	18,895
	Taxation and social security	6,015	23,699
	Other creditors	<u>4,380</u>	<u>3,448</u>
		<u>26,146</u>	<u>46,042</u>
<b>7. RELATED PARTY DISCLOSURES</b>			

During the year, total dividends of £15,000 were paid to the directors .



