

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

**Company Registration Number:
06080351 (England and Wales)**

Unaudited micro entity accounts for the year ended 28 February 2019

Period of accounts

Start date: 01 March 2018

End date: 28 February 2019

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

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for the Period Ended 28 February 2019

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CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Company Information

for the Period Ended 28 February 2019

Director:	Madeline Carson
Registered office:	1 Ellesmere Drive Cheadle England SK8 2JB
Company Registration Number:	06080351 (England and Wales)

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Directors' Report Period Ended 28 February 2019

The directors present their report with the financial statements of the company for the period ended 28 February 2019

Principal Activities

The company's principal activity during the year continued to be health and fitness.

Directors

The directors shown below have held office during the whole of the period from 01 March 2018 to 28 February 2019

Madeline Carson

This report was approved by the board of directors on 29 August 2019

And Signed On Behalf Of The Board By:

Name: Madeline Carson

Status: Director

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Profit and Loss Account

for the Period Ended 28 February 2019

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2019	2018
£	£

Turnover	7,366	7,479
Cost of Materials	(6,240)	(4,400)
Staff Costs	-	(4,720)
Other charges	(2,159)	(1,192)
Profit or (Loss) for Period	(1,033)	(2,833)

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Balance sheet

As at 28 February 2019

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	2019	2018
	£	£
Called up share capital not paid:	0	0
Fixed Assets:	0	
Current assets:	1,033	2,833
Net current assets (liabilities):	1,033	2,833
Total assets less current liabilities:	1,033	2,833
Total net assets (liabilities):	1,033	2,833
Capital and reserves:	1,033	2,833

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Balance sheet continued

For the year ending 28 February 2019 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies

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The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

This report was approved by the board of directors on 29 August 2019

And Signed On Behalf Of The Board By:

Name: Madeline Carson

Status: Director

The notes form part of these financial statements

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