

**THE NATURAL LIFE CLINIC LIMITED**

**Company Registration Number:  
08206810 (England and Wales)**

**Unaudited statutory accounts for the year ended 30 September 2019**

**Period of accounts**

**Start date: 01 October 2018**

**End date: 30 September 2019**

**THE NATURAL LIFE CLINIC LIMITED**

**Contents of the Financial Statements**

**for the Period Ended 30 September 2019**

**[Company Information - 3](#)**

**[Report of the Directors - 4](#)**

**[Profit and Loss Account - 5](#)**

**[Balance sheet - 6](#)**

**[Additional notes - 8](#)**

**[Balance sheet notes - 11](#)**

## THE NATURAL LIFE CLINIC LIMITED

### Company Information

for the Period Ended 30 September 2019

<b>Director:</b>	Rodger Hill
	Joanne Hill
<b>Registered office:</b>	19 Bramhall Lane South Bramhall Stockport SK7 1AL
<b>Company Registration Number:</b>	08206810 (England and Wales)

## THE NATURAL LIFE CLINIC LIMITED

### Directors' Report Period Ended 30 September 2019

The directors present their report with the financial statements of the company for the period ended 30 September 2019

#### Principal Activities

The company's principal activities during the year continued to be the sale of products and services relating to health and wellbeing through retail sales and provision of alternative therapies.

#### Directors

The directors shown below have held office during the whole of the period from 01 October 2018 to 30 September 2019

Rodger Hill  
Joanne Hill

This report was approved by the board of directors on 7 May 2020  
And Signed On Behalf Of The Board By:

Name: Rodger Hill  
Status: Director

## THE NATURAL LIFE CLINIC LIMITED

Page 3  
Profit and Loss Account

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for the Period Ended 30 September 2019

	<i>2019</i>	<i>2018</i>
	£	£
Turnover	<b>316,568</b>	300,953
Cost of sales	<b>(188,093)</b>	(178,807)
Gross Profit or (Loss)	<b>128,475</b>	122,146
Administrative Expenses	<b>(135,107)</b>	(103,185)
<b>Operating Profit or (Loss)</b>	<b>(6,632)</b>	18,961
<b>Profit or (Loss) Before Tax</b>	<b>(6,632)</b>	18,961
Tax on Profit	-	(1,077)
<b>Profit or (Loss) for Period</b>	<b>(6,632)</b>	17,884

The notes form part of these financial statements

Page 4

## THE NATURAL LIFE CLINIC LIMITED

### Balance sheet

As at 30 September 2019

	<i>Notes</i>	<i>2019</i>	<i>2018</i>
		£	£
<b>Fixed assets</b>			
Tangible assets:	4	<b>32,923</b>	13,115
<b>Total fixed assets:</b>		<b>32,923</b>	13,115
<b>Current assets</b>			
Stocks:		<b>65,253</b>	61,310
Debtors:	5	<b>9,798</b>	55,748
Cash at bank and in hand:		<b>33,046</b>	10,819
<b>Total current assets:</b>		<b>108,097</b>	127,877

Page 5

Creditors: amounts falling due within one year:	6	( 32,181 )	( 33,095 )
<b>Net current assets (liabilities):</b>		<b>75,916</b>	<b>94,782</b>
Total assets less current liabilities:		<b>108,839</b>	107,897
Creditors: amounts falling due after more than one year:	7	( 95,075 )	( 87,500 )
<b>Total net assets (liabilities):</b>		<b>13,764</b>	<b>20,397</b>

The notes form part of these financial statements

## THE NATURAL LIFE CLINIC LIMITED

### Balance sheet continued

As at 30 September 2019

Page 6

*Notes*

*2019*

*2018*

£

£

**Capital and reserves**

Called up share capital:	<b>100</b>	100
Profit and loss account:	<b>13,664</b>	20,297
<b>Shareholders funds:</b>	<b><u>13,764</u></b>	<b><u>20,397</u></b>

For the year ending 30 September 2019 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 7 May 2020**

**And Signed On Behalf Of The Board By:**

Name: Rodger Hill

Status: Director

The notes form part of these financial statements

## THE NATURAL LIFE CLINIC LIMITED

### Notes to the Financial Statements

for the Period Ended 30 September 2019

#### 1. Accounting policies

##### Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

##### Turnover policy

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services to customers.

##### Tangible fixed assets depreciation policy

Depreciation of fixtures and fittings is provided at 10% on cost in order to write off each asset over its estimated useful life. Depreciation is only provided once each asset is brought into use e.g. on opening of new retail premises.

## THE NATURAL LIFE CLINIC LIMITED

### Notes to the Financial Statements

for the Period Ended 30 September 2019

#### 2. Employees

	<i>2019</i>	<i>2018</i>
Average number of employees during the period	<b>6</b>	<b>5</b>





**THE NATURAL LIFE CLINIC LIMITED**

**Notes to the Financial Statements**

**for the Period Ended 30 September 2019**

**3. Off balance sheet disclosure**

No

**THE NATURAL LIFE CLINIC LIMITED**

**Notes to the Financial Statements**

for the Period Ended 30 September 2019

**4. Tangible assets**

	<b>Fixtures &amp; fittings</b>		<b>Total</b>
<b>Cost</b>	£		£
At 01 October 2018		<b>27,724</b>	<b>27,724</b>
Additions		<b>22,580</b>	<b>22,580</b>
Disposals		-	-
Revaluations		-	-
Transfers		-	-
At 30 September 2019		<b>50,304</b>	<b>50,304</b>
<b>Depreciation</b>			
At 01 October 2018		<b>14,609</b>	<b>14,609</b>
Charge for year		<b>2,772</b>	<b>2,772</b>
On disposals		-	-
Other adjustments		-	-
At 30 September 2019		<b>17,381</b>	<b>17,381</b>
<b>Net book value</b>			
At 30 September 2019		<b>32,923</b>	<b>32,923</b>
At 30 September 2018		<b>13,115</b>	<b>13,115</b>

**THE NATURAL LIFE CLINIC LIMITED**

**Notes to the Financial Statements**

for the Period Ended 30 September 2019

**5. Debtors**

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	<i>2019</i>	<i>2018</i>
	<i>£</i>	<i>£</i>
Prepayments and accrued income	<b>9,798</b>	15,748
Other debtors		40,000
Total	<b><u>9,798</u></b>	<b><u>55,748</u></b>

**THE NATURAL LIFE CLINIC LIMITED**

**Notes to the Financial Statements**

for the Period Ended 30 September 2019

**6.Creditors: amounts falling due within one year note**

	<i>2019</i>	<i>2018</i>
	<i>£</i>	<i>£</i>
Trade creditors	<b>29,476</b>	16,847
Taxation and social security	<b>0</b>	1,960
Other creditors	<b>2,705</b>	14,288
<b>Total</b>	<b><u>32,181</u></b>	<b><u>33,095</u></b>

**THE NATURAL LIFE CLINIC LIMITED**

**Notes to the Financial Statements**

for the Period Ended 30 September 2019

**7.Creditors: amounts falling due after more than one year**

	<i>2019</i>	<i>2018</i>
	<i>£</i>	<i>£</i>
Other creditors	<b>95,075</b>	87,500
<b>Total</b>	<b>95,075</b>	87,500



