

THE NATURAL LIFE CLINIC LIMITED

**Company Registration Number:
08206810 (England and Wales)**

Unaudited statutory accounts for the year ended 30 September 2020

Period of accounts

Start date: 01 October 2019

End date: 30 September 2020

THE NATURAL LIFE CLINIC LIMITED

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for the Period Ended 30 September 2020

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THE NATURAL LIFE CLINIC LIMITED

Company Information

for the Period Ended 30 September 2020

Director:	Rodger Hill
	Joanne Hill
Registered office:	19 Bramhall Lane South Bramhall Stockport SK7 1AL
Company Registration Number:	08206810 (England and Wales)

THE NATURAL LIFE CLINIC LIMITED

Directors' Report Period Ended 30 September 2020

The directors present their report with the financial statements of the company for the period ended 30 September 2020

Principal Activities

The company's principal activities during the year continued to be the sale of products and services relating to health and wellbeing through retail sales and the provision of alternative therapies.

Directors

The directors shown below have held office during the whole of the period from 01 October 2019 to 30 September 2020

Rodger Hill
Joanne Hill

This report was approved by the board of directors on 21 June 2021
And Signed On Behalf Of The Board By:

Name: Rodger Hill
Status: Director

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Profit and Loss Account

for the Period Ended 30 September 2020

	<i>Notes</i>	2020	2019
		£	£
Turnover		302,355	316,568
Cost of sales		(174,330)	(188,093)
Gross Profit or (Loss)		138,025	128,475
Income from coronavirus (COVID-19) business support grants		10,000	-
Administrative Expenses		(179,171)	(135,107)
Operating Profit or (Loss)		(41,146)	(6,632)
Profit or (Loss) Before Tax		(41,146)	(6,632)
Profit or (Loss) for Period		(41,146)	(6,632)

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The notes form part of these financial statements

THE NATURAL LIFE CLINIC LIMITED

Balance sheet

As at 30 September 2020

	<i>Notes</i>	2020	2019
		£	£
Fixed assets			
Tangible assets:	4	144,976	32,923
Total fixed assets:		144,976	32,923
Current assets			
Stocks:		87,076	65,253
Debtors:	5	11,407	9,798
Cash at bank and in hand:		26,575	22,016

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Cash at bank and in hand:

56,775 53,046**Total current assets:****135,258** 108,097

Creditors: amounts falling due within one year:

6 (41,464) (32,181)

Net current assets (liabilities):**93,794** 75,916

Total assets less current liabilities:

238,770 108,839

Creditors: amounts falling due after more than one year:

7 (265,075) (95,075)

Total net assets (liabilities):**(26,305)** 13,764

The notes form part of these financial statements

THE NATURAL LIFE CLINIC LIMITED**Balance sheet continued**

As at 30 September 2020

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*Notes***2020****2019****£****£**

Capital and reserves

Called up share capital:	100	100
Profit and loss account:	(26,405)	13,664
Shareholders funds:	(26,305)	13,764

For the year ending 30 September 2020 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 21 June 2021

And Signed On Behalf Of The Board By:

Name: Rodger Hill

Status: Director

The notes form part of these financial statements

THE NATURAL LIFE CLINIC LIMITED

Notes to the Financial Statements

for the Period Ended 30 September 2020

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Turnover policy

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services to customers.

Tangible fixed assets depreciation policy

Depreciation of fixtures and fittings is provided at 10% on cost in order to write off each asset over its estimated useful life. Depreciation is only provided once each asset is brought into use e.g. on opening of new premises.

THE NATURAL LIFE CLINIC LIMITED

Notes to the Financial Statements

for the Period Ended 30 September 2020

2. Employees

	<i>2020</i>	<i>2019</i>
Average number of employees during the period	8	6

THE NATURAL LIFE CLINIC LIMITED

Notes to the Financial Statements

for the Period Ended 30 September 2020

3. Off balance sheet disclosure

No

THE NATURAL LIFE CLINIC LIMITED**Notes to the Financial Statements**

for the Period Ended 30 September 2020

4. Tangible assets

	Fixtures & fittings	Office equipment	Total
Cost	£	£	£
At 01 October 2019	50,304	0	50,304
Additions	124,953	783	125,736
Disposals	-	-	-
Revaluations	-	-	-
Transfers	-	-	-
At 30 September 2020	175,257	783	176,040
Depreciation			
At 01 October 2019	17,381	-	17,381
Charge for year	13,612	71	13,683
On disposals	-	-	-
Other adjustments	-	-	-
At 30 September 2020	30,993	71	31,064
Net book value			
At 30 September 2020	144,264	712	144,976
At 30 September 2019	32,923	0	32,923

THE NATURAL LIFE CLINIC LIMITED**Notes to the Financial Statements**

for the Period Ended 30 September 2020

5. Debtors

	<i>2020</i>	<i>2019</i>
	<i>£</i>	<i>£</i>
Prepayments and accrued income	11,407	9,798
Total	<u>11,407</u>	<u>9,798</u>

THE NATURAL LIFE CLINIC LIMITED**Notes to the Financial Statements**

for the Period Ended 30 September 2020

6.Creditors: amounts falling due within one year note

	<i>2020</i>	<i>2019</i>
	<i>£</i>	<i>£</i>
Trade creditors	28,184	29,476
Taxation and social security	1,095	
Other creditors	12,185	2,705
Total	<u>41,464</u>	<u>32,181</u>

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Notes to the Financial Statements

for the Period Ended 30 September 2020

7. Creditors: amounts falling due after more than one year

	<i>2020</i>	<i>2019</i>
	<i>£</i>	<i>£</i>
Bank loans and overdrafts	50,000	
Other creditors	215,075	95,075
Total	<u>265,075</u>	<u>95,075</u>

