

COACHING AND TRAINING LIMITED

Unaudited Financial Statements

Period of accounts

Start date: 01 April 2020

End date: 31 March 2021

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COACHING AND TRAINING LIMITED

Company Information

For the year ended 31 March 2021

Director	Damian Ward Palin
Registered Number	09262808
Registered Office	24 Brome Way Spital Wirral CH63 9ND
Accountants	Woods Squared Limited The Old School 188 Liscard Road Wallasey Wirral CH44 5TN

COACHING AND TRAINING LIMITED

Director's Report

For the year ended 31 March 2021

The directors present their annual report and the financial statements for the year ended 31 March 2021

Principal activities

The principal activity of the company during the financial year was that of management consultancy activities.

Director

The director who served the company throughout the year was as follows:

Damian Ward Palin

Statement of director's responsibilities

The directors are responsible for preparing the directors' report and the financial statements in accordance with applicable law and regulation.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the directors are required to

- select suitable accounting policies and then apply them consistently
- make judgments and accounting estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business

The directors are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

On behalf of the board.

Damian Ward Palin
Director

Date approved: 31 May 2021

COACHING AND TRAINING LIMITED

Statement of Financial Position

As at 31 March 2021

	Notes	2021 £	2020 £
Fixed assets			
Tangible fixed assets	3	403	726
		403	726
Current assets			
Debtors: amounts falling due within one year	4	8,340	1,108
Cash at bank and in hand		47,772	53,075
		56,112	54,183
Creditors: amount falling due within one year	5	(21,014)	(20,700)
Net current assets		35,098	33,483
Total assets less current liabilities		35,501	34,209
Provisions for liabilities	6	(77)	(138)
Net assets		35,424	34,071
Capital and reserves			
Called up share capital		10	10
Profit and loss account		35,414	34,061
Shareholders funds		35,424	34,071

section 477 of the companies act 2006 relating to small companies.

Director's responsibilities:

1. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.
2. The directors acknowledge their responsibilities for complying with the requirements of the companies act 2006 with respect to accounting records and the preparation of accounts.

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of Part 15 of the Companies Act 2006. In accordance with Section 444 of the Companies Act 2006, the income statement has not been delivered to the Registrar of Companies.

The financial statements were approved by the director on 31 May 2021 and were signed by:

Damian Ward Palin
Director

COACHING AND TRAINING LIMITED

Notes to the Financial Statements

For the year ended 31 March 2021

General Information

Coaching and Training Limited is a private company, limited by shares, registered in England and Wales, registration number 09262808, registration address 24 Brome Way, Spital, Wirral, CH63 9ND.

The presentation currency is £ sterling.

1. Accounting policies

Significant accounting policies

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, the financial reporting standard applicable in the UK and Republic of Ireland (as applied to small entities by Section 1A of the standard)

Turnover

Turnover comprises the gross invoiced value of goods and services supplied by the company.

Taxation

Taxation represents the sum of tax currently payable and deferred tax. Tax is recognised in the statement of income, except to the extent that it relates to items recognised in other comprehensive income or directly in capital and reserves.

The company's liability for current tax is calculated using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

Current and deferred tax assets and liabilities are not discounted

Deferred taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the reporting date.

Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the reporting date that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Current and deferred tax assets and liabilities are not discounted.

Tangible fixed assets

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Computer Equipment

33% Straight Line

Provisions

Provisions are recognised when the company has a present obligation as a result of a past event which it is more probable than not will result in an outflow of economic benefits that can be reasonably estimated.

2. Tangible fixed assets

Cost or valuation	Computer Equipment £	Total £
At 01 April 2020	8,221	8,221
Additions	130	130
Disposals	-	-
At 31 March 2021	8,351	8,351
Depreciation		
At 01 April 2020	7,495	7,495
Charge for year	453	453
On disposals	-	-
At 31 March 2021	7,948	7,948
Net book values		
Closing balance as at 31 March 2021	403	403
Opening balance as at 01 April 2020	726	726

3. Debtors: amounts falling due within one year

	2021 £	2020 £
Trade Debtors	8,340	960
VAT	-	148
	8,340	1,108

4. Creditors: amount falling due within one year

	2021	2020
	£	£
Trade Creditors	(1)	-
Corporation Tax	5,405	4,294
Other Creditors	-	10
Directors' Current Accounts	13,976	16,396
VAT	1,634	-
	<u>21,014</u>	<u>20,700</u>

5. Provisions for liabilities

	2021	2020
	£	£
Deferred Tax	77	138
	<u>77</u>	<u>138</u>

6. Average number of employees

Average number of employees during the year was 2 (2020 : 2).