

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

**Company Registration Number:
06080351 (England and Wales)**

Unaudited micro entity accounts for the year ended 28 February 2021

Period of accounts

Start date: 01 March 2020

End date: 28 February 2021

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Contents of the Financial Statements

for the Period Ended 28 February 2021

[Company Information - 3](#)

[Report of the Directors - 4](#)

[Profit and Loss Account - 5](#)

[Balance sheet - 6](#)

[Footnotes to the Balance Sheet - 8](#)

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Company Information

for the Period Ended 28 February 2021

Director: Madeline Carson

Registered office: 1
Ellesmere Drive
Cheadle
England
SK8 2JB

Company Registration Number: 06080351 (England and Wales)

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Directors' Report Period Ended 28 February 2021

The directors present their report with the financial statements of the company for the period ended 28 February 2021

Principal Activities

Health and fitness

Directors

The directors shown below have held office during the whole of the period from 01 March 2020 to 28 February 2021

Madeline Carson

This report was approved by the board of directors on 30 November 2021

And Signed On Behalf Of The Board By:

Name: Madeline Carson

Status: Director

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Profit and Loss Account

for the Period Ended 28 February 2021

Page 3

2021 2020
^ ^

Turnover	10,502	11,657
Income from coronavirus (COVID-19) business support grants	5,000	-
Cost of Materials	(3,008)	(3,418)
Other charges	(13,912)	(12,058)
))
Profit or (Loss) for Period	(1,558)	(3,819)

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Balance sheet

As at 28 February 2021

Page 4

	<i>2021</i>	<i>2020</i>
	£	£
Current assets:	3,628	1,914
Creditors: amounts falling due within one year:	(0)	(4)
Net current assets (liabilities):	3,628	1,910
Total assets less current liabilities:	3,628	1,910
Creditors: amounts falling due after more than one year:	(10,244)	(5,729)
))
Total net assets (liabilities):	(6,616)	(3,819)
))
Capital and reserves:	(6,616)	(3,819)
))

Page 5

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Balance sheet continued

For the year ending 28 February 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

This report was approved by the board of directors on 30 November 2021

And Signed On Behalf Of The Board By:

Name: Madeline Carson

Status: Director

The notes form part of these financial statements

Page 6

Page 7

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Footnotes to the Financial Statements

for the Period Ended 28 February 2021

1. Employee Information

Average number of employees: 0

CHESHIRE HEALTH & FITNESS COMPANY LIMITED

Footnotes to the Financial Statements

for the Period Ended 28 February 2021

2. Off balance sheet disclosure

No

