THE NATURAL LIFE CLINIC LIMITED

Company Registration Number: 08206810 (England and Wales)

Unaudited statutory accounts for the year ended 30 September 2021

Period of accounts

Start date: 01 October 2020

End date: 30 September 2021

THE NATURAL LIFE CLINIC LIMITED

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for the Period Ended 30 September 2021

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THE NATURAL LIFE CLINIC LIMITED

Company Information

for the Period Ended 30 September 2021

Director:

Rodger Hill

Joanne Hill

Registered office:

19 Bramhall Lane South Bramhall Stockport SK7 1AL

Company Registration Number:

08206810 (England and Wales)

THE NATURAL LIFE CLINIC LIMITED

Directors' Report Period Ended 30 September 2021

The directors present their report with the financial statements of the company for the period ended 30 September 2021

Principal Activities

The company's principal activities during the year continued to be the sale of products and services relating to health and wellbeing through retail sales and the provision of alternative therapies.

Directors

The directors shown below have held office during the whole of the period from 01 October 2020 to 30 September 2021 Rodger Hill Joanne Hill

This report was approved by the board of directors on 27 May 2022 And Signed On Behalf Of The Board By:

Name: Rodger Hill Status: Director

THE NATURAL LIFE CLINIC LIMITED

Page 3 Profit and Loss Account

for the Period Ended 30 September 2021

Free company information from Datalog http://www.datalog.co.uk

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|--|-----------|------------|-----------|
| | Notes | 2021 | 2020 |
| | | £ | £ |
| Turnover | | 310,499 | 302,355 |
| Cost of sales | | (185,452 | (174,330 |
| | |) |) |
| Gross Profit or (Loss) | | 177,014 | 138,025 |
| Income from coronavirus (COVID-19) business support grants | | 51,967 | 10,000 |
| Administrative Expenses | | (199,005 | (179,171 |
| | |) |) |
| Operating Profit or (Loss) | | (21,991) | (41,146) |
| Interest Payable and Similar Charges | | (379) | - |
| Profit or (Loss) Before Tax | | (22,370) | (41,146) |
| Page 4 Profit or (Loss) for Period | | (22,270) | (41.146) |
| | | (22,370) | _(41,146) |

The notes form part of these financial statements

THE NATURAL LIFE CLINIC LIMITED

Balance sheet

As at 30 September 2021

| | | Notes | 2021 £ | 2020 £ |
|---------------------|--------|-------|-----------------|-----------|
| Fixed assets | | | | |
| Tangible assets: | | 4 | 127,331 | 144,976 |
| Total fixed assets: | Page 5 | - | 127,331 | 144,976 |
| Current assets | | | | |
| Stocks: | | | 94,380 | 87,076 |
| Dabtana | | ~ | 30 0 <i>/ 8</i> | 11 407 |

| Downloaded from Datalog http://www.datalog | ງ.co.u ວ | k 38,967 | 11,407 |
|--|-------------|-----------------------|----------------|
| Cash at bank and in hand: | | 74,377 | 36,775 |
| Total current assets: | | 207,724 | 135,258 |
| Creditors: amounts falling due within one year: | 6 | (118,692) | (41,464) |
| Net current assets (liabilities): | | 89,032 | 93,794 |
| Total assets less current liabilities: | | 216,363 | 238,770 |
| Creditors: amounts falling due after more than one year: | 7 | (265,037) | (265,075) |
| Total net assets (liabilities): | • | (48,674) | (26,305) |

The notes form part of these financial statements

THE NATURAL LIFE CLINIC LIMITED

Balance sheet continued

As at 30 September 2021

| Page 6 | Notes | 2021 | 2020 |
|--------|-------|------|------|
| | | f | f |

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|--|----------------------|------------|
| Capital and reserves | | |
| Called up share capital: | 100 | 100 |
| Profit and loss account: | (48,774) | (26,405) |

)

(26,305

(48,674

)

| Shareholders | funds: |
|--------------|--------|

For the year ending 30 September 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 27 May 2022 And Signed On Behalf Of The Board By:

Name: Rodger Hill Status: Director

The notes form part of these financial statements

THE NATURAL LIFE CLINIC LIMITED

Notes to the Financial Statements

for the Period Ended 30 September 2021

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Turnover policy

Turnover represents the value, net of value added tax and discounts, of goods provide to customers and work carried out in respect of services to customers.

Tangible fixed assets depreciation policy

Depreciation of fixtures and fittings is provided at 10% on cost in order to write off each asset over its estimated useful life. Depreciation is only provide once each asset is brought into use e.g. on opening of new premises.

THE NATURAL LIFE CLINIC LIMITED

Notes to the Financial Statements

for the Period Ended 30 September 2021

2. Employees

| | 2021 | 2020 |
|---|------|------|
| Average number of employees during the period | 8 | 8 |

THE NATURAL LIFE CLINIC LIMITED

Notes to the Financial Statements

for the Period Ended 30 September 2021

3. Off balance sheet disclosure

No

THE NATURAL LIFE CLINIC LIMITED

Notes to the Financial Statements

for the Period Ended 30 September 2021

4. Tangible assets

| | Fixtures & fittings | Office equipment | Total |
|----------------------|---------------------|------------------|---------|
| Cost | £ | £ | £ |
| At 01 October 2020 | 175,257 | 783 | 176,040 |
| Additions | - | - | - |
| Disposals | - | - | - |
| Revaluations | - | - | - |
| Transfers | - | - | - |
| At 30 September 2021 | 175,257 | 783 | 176,040 |
| Depreciation | | | |
| At 01 October 2020 | 30,993 | 71 | 31,064 |
| Charge for year | 17,566 | 79 | 17,645 |
| On disposals | - | - | - |
| Other adjustments | - | - | - |
| At 30 September 2021 | 48,559 | 150 | 48,709 |
| Net book value | | | |
| At 30 September 2021 | 126,698 | 633 | 127,331 |
| At 30 September 2020 | 144,264 | 712 | 144,976 |

THE NATURAL LIFE CLINIC LIMITED

Notes to the Financial Statements

for the Period Ended 30 September 2021

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5. Debtors

| | 2021 £ | 2020 £ |
|--------------------------------|-----------|-----------|
| Prepayments and accrued income | 38,967 | 11,407 |
| Total | 38,967 | 11,407 |

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THE NATURAL LIFE CLINIC LIMITED

Notes to the Financial Statements

for the Period Ended 30 September 2021

6.Creditors: amounts falling due within one year note

| | 2021 £ | 2020 £ |
|------------------------------|-----------|-----------|
| Trade creditors | 109,413 | 28,184 |
| Taxation and social security | 0 | 1,095 |
| Other creditors | 9,279 | 12,185 |
| Total | 118,692 | 41,464 |

THE NATURAL LIFE CLINIC LIMITED

Notes to the Financial Statements

for the Period Ended 30 September 2021

7.Creditors: amounts falling due after more than one year

| | 2021 £ | 2020 £ |
|---------------------------|-----------|-----------|
| Bank loans and overdrafts | 49,962 | 50,000 |
| Other creditors | 215,075 | 215,075 |
| Total | 265,037 | 265,075 |